

Destin, Florida
Destin Bridge



ODAAAT NEWSLETTER

One Day at a Time

The monthly newsletter of District 14 Intergroup

“Sobriety”... See Page 6 for details...

August 2017

Published by District 14 Intergroup 24 Hollywood Blvd SW, Suite 3, Fort Walton Beach, FL 32548 (850) 244-2421 <http://www.fwb-area-aa.org/>. For Comments or Suggestions: news@aadist14.org. The One Day at a Time newsletter is published periodically for your enjoyment and information. The opinions expressed in this publication are those of the editorial staff and contributors not necessarily of the A.A. Fellowship as a whole. A.A.® and Alcoholics Anonymous® are registered trademarks of A.A. World Services, Inc.

ALCOHOLICS ANONYMOUS PREAMBLE

Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help other to recover from alcoholism. The only requirement for AA membership is a desire to stop drinking. There are no dues or fees for AA membership; we are self-supporting through our own contributions. AA is not allied with any sect, denomination or politics, organization or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes. Our primary purpose is to stay sober and to help other alcoholics achieve sobriety. (Reprinted with permission of the A.A. Grapevine Inc.)

8th STEP

“Made a list of all persons we had harmed, and became willing to make amends to them all.” (Reprinted with permission of the A.A. World Services, Inc.)

8th TRADITION

“Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers. But our usual A.A. “12 Step” work is never to be paid for.” (Reprinted with permission of the A.A. World Services, Inc.)

8th CONCEPT

“The Trustees are the principal planners and administrators of overall policy and finance. They have custodial oversight of the separately incorporated and constantly active services, exercising this through their ability to elect all the directors of these entities.” (Reprinted with permission of the A.A. World Services, Inc.)

CONTRIBUTING TO THE ODAAT

Submit your article, poem, or artwork for the ODAAT Newsletter. Share your message of experience, strength, and hope. You can write about your personal A.A. stories, things that have inspired you in sobriety, a spiritual awakening, a lesson you’ve learned in sobriety, or even a piece on how the AA promises have manifested in your life. Just tell your story in your own words, written from your heart. ***Your message is important, and just might save someone’s life!!*** Group activities of interest to the district may be submitted as well.

Submit to news@aadist14.org. Please include your phone number or email address in case I have questions about your submission. ***Deadline for articles for the ODAAT is the 3rd Friday of each month.*** We really look forward to hearing from you.

- Editor



2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
6 <i>IG Breakfast Meeting Val-P AMVETS* 9:30am</i>	7 <i>GSR & Srv Comm Intergroup off 6:30pm</i>	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

Service Committee Meetings



Last Saturday of the Month (Mar, June, Sept, Dec) (1st Presbyterian Church, 114 SW Beal Pkwy, FWB (at 1st Street))

- **Alkathon**

First Saturday of the Month (Jan, Apr, Jul, Oct) (Intergroup Central Office 24 SW Hollywood Blvd FWB 244-2421)

- **Corrections: 9:30am – Chair- CD. (830-6581)**
- **Grapevine 10:30am**
- **Archives: 12:30pm**
- **Public Information/Cooperation with the Professional Community (PI/CPC): 11:30am – Chair- Mike J.**
- **Literature: 12:30pm – Chair – OPEN**
- **Treatment: 1:30pm – Chair – Jerome F.**

Third Saturday of the Month (Jan, Apr, Jul, Oct) (Intergroup Central Office 24 SW Hollywood Blvd FWB 244-2421)

- **Corrections: 9:30am – Chair- Jack W.**
- **Grapevine 10:30am – Chair – David S.**
- **Public Information/Cooperation with the Professional Community (PI/CPC): 11:30am**
- **Archives: 12:30pm**
- **Literature: 12:30pm – Chair – Clif W. 217-5817**
- **Treatment: 1:30pm**

DISTRICT 14 INTERGROUP MONTHLY BREAKFAST HOSTED BY:

District 14 GSR Committee Area 1

Delegate's report: – Linda W.

SUNDAY, 6th August 2017 AMVETS POST 78 910 VALASTICS AVE. VALPARAISO, FL



BREAKFAST & FELLOWSHIP From 9:30 AM—11:00 AM
Meeting starts at 11:00 AM BREAKFAST \$6.00 (OPTIONAL)

Honesty Group

Bobby S. Jul 8 10 Yrs
Cliff H. Aug 12 20 Yrs

Serenity Group

Paula July 10 Yrs
Paul July 10 Yrs
Jim M. Aug 28 Yrs
Sharron C. Aug 3 Yrs

Mossy Head Group

Donna M. Aug 23 4 Yrs

Straight Up Group

Allen D. Aug 21 10 Yrs
Andrez J Aug 6 8 Yrs
Anna H Aug 20 8 Yrs
Monika L Aug 5 3 Yr
Mark D Aug 6 3 Yr
Andrea R Aug 20 5 Yr
Melanie J Aug 21 5 Yr

Men's Group

Kevin Jul 15 Yrs
Wes P. Jul
Keith C. Aug 11 Yrs.
Jeff H. Aug 27 Yrs.
Byron Aug 22 Yrs

Rise and Shine Group

Mike G. Aug 5 9 Yrs
Mike W. Aug 5 28 Yrs
Tim W. Aug 19 17 Yrs
Cheri M. Aug 3 3 Yr

Women's Primary Purpose Group

Cindy T. Jul 27 14 Yrs
Fran D. Jul 5 19 Yrs
Tina M. Jul 14 7 Yrs
Marissa Aug 3 Yrs

Faith Group

Duke Jul 28 Yrs
Melanie M. Jul 21 Yrs
Richard M. Jul 21 Yrs
Frank C. Jul 18 Yrs
Tony S. Aug 34 Yrs



We would like to include all birthday announcements in our district ODAAT. Please send birthday information to news@aadist14.org no later than the 3rd Friday of the preceding month. Birthday notices received after publication may appear in the following issue. Thank you. Editor ODAAT

SOBRIETY
FREEDOM FROM ALCOHOL

THROUGH THE TEACHING & PRACTICE OF THE TWELVE STEPS

IS THE SOLE PURPOSE OF AN AA GROUP

Groups have repeatedly tried other activities and they have always failed it has also been learned that there is no possible way to make nonalcoholics into AA members

We have to confine our membership to alcoholics and we have to confine our AA groups to a single purpose

If we don't stick to these principles we shall almost surely collapse. And if we collapse, we can not help anyone

BILL W.

SOBRIETY
*IS A STATE OF MIND THAT
COMES FROM APPLYING THE
STEPS IN OUR EVERY DAY LIFE*
SOBER
*IS A STATE OF BODY THAT COMES
FROM JUST NOT DRINKING ONE
DAY AT A TIME*

AL C.

BOOK FUND FINANCIAL STATEMENT 06/19/17 - 07/17/17

INCOME	Amount	Date
STARTING BALANCE	\$ 1,979.56	
Income Deposit	\$ 499.17	06/19/17
Income Deposit	\$ 352.49	06/26/17
Income Deposit	\$ 292.37	07/03/17
Income Deposit		
TOTAL INCOME THIS PERIOD	\$ 1,144.03	
BALANCE + INCOME	\$ 3,123.59	

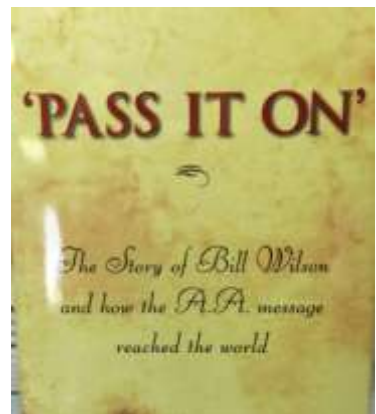
EXPENSES	Amount	Date
SERENE MACHINE	\$ 90.54	7/11/17
FL Dept of Revenue	\$ 7.99	6/28/17
Svc Chg		
AAWS (BKS PHAMPLETS)		
WENDELLS		
TOTAL EXPENSE THIS PERIOD	\$ 98.53	
ENDING BALANCE	3,025.06	07/17/17

Report Respectfully Submitted By: Clif W., Book Fund Chairman

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Looking for a Book?

Come in to the Central Office to see the complete line of A.A. Approved books available for purchase!





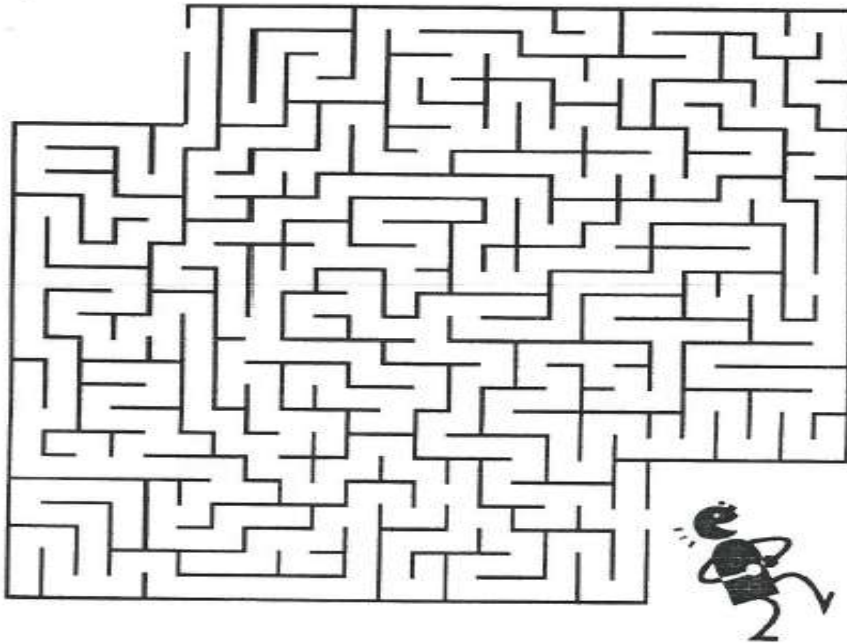
Just For Fun!

Big Book Trivia Question: What is the name of the physician who wrote the "Doctor's Opinion" in the A.A. Big Book? (Find the answer on the bottom of page ???.)

HEARD AT A MEETING

"I may only need one meeting a week, but I don't know which one, so I go to as many as I can."

"Grace is when temptation and opportunity don't meet."



ANNOUNCEMENTS

SSAASA

4th Southern States Alcoholics Anonymous Service Assembly
Co-hosted by Area 1 (AL & NW FL), Area 16 (GA) & Areas of the Southeast Region.

November 10-12, 2017

All A.A. Members are invited & encouraged to attend!

What's Happening?

- Service Workshops
- Panel Discussions
- AA Meetings
- Share SERVICE EXPERIENCE with others having the same job and more!

Holiday Inn Hotel & Suites

Atlanta Airport-North
1382 Virginia Ave
East Point, GA 30344

Room Rate \$109/ Suites \$139/ Parking \$4.00

(404) 305-9990

Book online at: <https://goo.gl/L54vEo>

Online registration at www.aaarea1.org/ssasa.html



Registration Form | Clip and Send

Name: _____ AA Area number _____

Name on badge: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: (_____) _____ Email: _____

Special needs: _____

Registration Fee (post marked by 11/01/2017) - **Early Bird \$25 per registrant.**

\$30 after November 1, 2017 or at the door.

(Please include a separate registration form for each participant.)

Service Commitments (Please check all that applies.)

- AA Member
- GSR or Alternate
- DCM or Alternate
- Central Office or Intergroup
- Area Committe or Officer
- Delegate or Alternate
- Past Delegate
- Other _____

Total enclosed: _____

Willing to be of Service at SSAASA?

- Participate on a Panel or Workshop
- Be a Greeter
- Work a Registration Table
- Lead an AA Meeting
- Be a Reader
- Other _____

SSAASA 2017
P.O. Box 831
Satsuma, AL 36572

SSAASA flyer edition date July 12, 2017.V05



AREA 1 CONVENTION

UNITY • RECOVERY • SERVICE

SEPTEMBER 15-17, 2017

EMERALD COAST CONVENTION CENTER
1250 MIRACLE STRIP PKWY SE • FORT WALTON BEACH, FL 32540

HOTELS: When calling mention Area 1 Convention

Four Points (Host Hotel) • 1325 Miracle Strip Parkway SE
850.796.3815 • Rates: \$140, \$160, \$160

Hampton Inn • 1112 Santa Rosa Blvd
850.301.0906 • Rates: \$109, \$119, \$129, \$139

Ramada Plaza Beach Resort • 1600 Miracle Strip Parkway
850.243.9161 • Rates: \$129, \$149, \$169, \$179

Holiday Inn • 1299 Miracle Strip Pkwy SE
850.301.9000 • \$149 Run of the House
\$179 2 Queen Beachfront or King Suite

HOTEL BLOCK RATES END ON AUGUST 15TH

T-Shirts will be on sale • SM - XL \$10 • 2 XL - 4 XL \$15

AREA 1 SCHED

FRIDAY, SEPTEMBER 15

5 - 6 PM	Cusi
6 - 8 PM	DIN
8 - 9 PM	Robbie W. (LA)
9 PM -12 AM	Comedy Hypnotist followed by Dance with DJ



SATURDAY, SEPTEMBER 16

6:30-7:30 AM	Beach Meeting (John Beasley Park)
9 - 10 AM	Charlie P. (Austin, TX)
10:30 - 11:30 AM	The Big Book Boot Camp (Robbie W.)
11:30 AM - 1 PM	LUNCH
1-2 PM	Katie P. (Austin, TX)
2:30 - 3:30 PM	Marty W. (AL)
4 - 5 PM	The Root of Our Problem (Katie & Charlie P.)
5 - 7 PM	DINNER
7:30 - 8 PM	Sobriety Countdown
8 - 9 PM	Bob D. (Las Vegas, NV)
9 PM -12 AM	Raffle / Comedy Hypnotist followed by Dance with DJ

SUNDAY, SEPTEMBER 17

6:30-7:30 AM	Beach Meeting (John Beasley Park)
8:30 - 9:30 AM	Finding Me in You (Bob D.)
9:45 - 10:45 AM	Bob W. (Past Trustee at Large - MA)
11 AM - 12:30 PM	Trustee Slideshow (Bob W.)

\$25 early registration by 8/15/17, \$30 at the door.

Make checks payable to Area 1 Convention, P.O Box 833, Defuniak Springs, FL 32535.
www.aaarea1.org/convention.html (PayPal link available)

Further Info Contact Chair - David Westcott / (850) 333-9742, Co-chair - Jerrl S / (850) 244-1182



Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Name on badge: _____

AA: _____ Al-Anon: _____ Alateen: _____ Special needs: _____ Sponsor: _____

Thank you to our Volunteers!

A.A.'s Legacy of Service

Our Twelfth Step – carrying the message – is the basic service that the A.A. Fellowship gives; this is our principal aim and the main reason for our existence.

Therefore, A.A. is more than a set of principles; it is a society of alcoholics in action. We must carry the message, else we ourselves can wither and those who haven't been given the truth may die. —

A.A.'s Legacy of Service, by Bill W.

Special Thank you to our Volunteers. This organization would not work without you!

“Practical experience shows that nothing will so much insure immunity from drinking as intensive work with other alcoholics. It works when other activities fail.”

– Alcoholics Anonymous, p. 89

TO ALL GROUPS OF DISTRICT 14 – VOLUNTEERS NEEDED!

Trusted Servants needed for the Central Office!! Contact the Central Office ((850) 244-2421) or stop by 224 Hollywood Blvd SW, Suite 3, Fort Walton Bch. for times needed and to volunteer.

A.A. THOUGHT FOR THE DAY

“Learning how to live in peace, partnership, and brotherhood – with all men and women – is a fascinating and often very moving adventure. But each of us in the Program has found that we’re not able to make much headway in our new adventure of living until we first take the time to make an accurate and unsparing survey of the human wreckage we’ve left in our wake.”

- A Day at a Time, (Reprinted with permission of the A.A. World Services, Inc.)

MEDITATION FOR THE DAY

The joy of life is in the giving. Being freed of my shortcomings, that I may more freely be of service, allows humility to grow in me. My shortcomings can be humbly placed in God's loving care and be removed. The essence of Step Seven is humility, and what better way to seek humility than by giving all of myself – good and bad – to God, so that He may remove the bad and return to me the good.

- Daily Reflections, (Reprinted with permission of the A.A. World Services, Inc.)

PRAYER FOR THE DAY

“Thank you Lord for teaching me that I don’t have to be a victim of my circumstances. I can choose how I will face each one. Thank you for reminding me that I have options and help me choose the correct path for my recovery. Amen”

FYI: AA Grapevine is The International Journal of Alcoholics Anonymous.

You can subscribe to receive the Journal on-line or in print by going to the web address below. The cost of the subscription is approximately \$30/year, but much of the information is free on the website.

You can also sign up to receive FREE emails from AA Grapevine with information and inspiration Quarterly, Monthly, and/or Daily.



Important Links:

**District 14 Intergroup
Office**

<http://www.fwb-area-aa.org/>

Grapevine

<http://www.aagrapevine.org/>

World Service

<http://aa.org/>